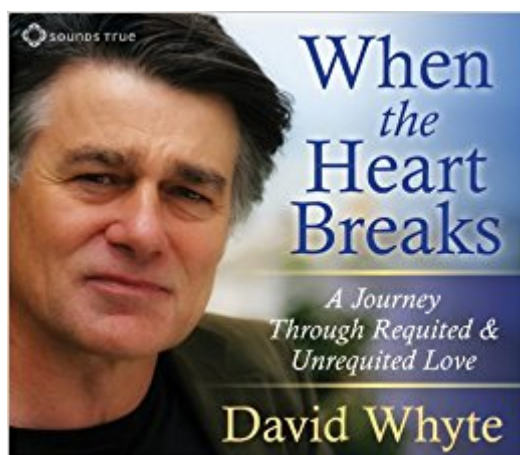


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# When The Heart Breaks: A Journey Through Requited And Unrequited Love



## Synopsis

The Courage to Embrace the Gifts and Losses in Life If you never knew disappointment, would you ever grow? If you had never felt loss, could you have compassion for another? Without real heartache, would you ever know the greatness of love? On *When the Heart Breaks*, David Whyte invites you to join him in an investigation of a question that rests at the center of human experience. With a poet's insight into the landscape of the soul, he offers a deeply moving exploration of how we experience beauty and loss—and how with resilience and time we can rise again each time we are broken. "There is no path we can walk that will not take us through some form of heartbreak," David Whyte tells us. "And to accept that truth is to give a merciful gift to ourselves." So often our hearts break because the love we offer—whether to a partner, a friend, a child, our work, or a place—is not returned to us in the same way. Yet if we retreat from the experience of unrequited love, we miss the opportunity to discover the countless invisible ways that the world offers us its love in return, often unlooked for and unrecognized. Being fully open to both joy and sadness, says David Whyte, helps us to develop a more beautiful mind—a mind that embraces the hidden riches of life. We learn to apprentice ourselves to the great and small difficulties that test the edges of our identity and lead us into greater and greater understanding. With words to inspire laughter, courage, and deep reflection, David Whyte invites you to join him in the great conversation that takes us into the exquisite vulnerability of the unknown—the way a heartbreak can make us more humble, more aware, and expand our ability to love.

## Book Information

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## Customer Reviews

"David Whyte makes the reading of poetry a matter of life and death. His writings have moved and changed me." -Pat Conroy Author of The Prince of Tides

David WhyteDavid Whyte grew up among the hills and valleys of Yorkshire, England. A captivating speaker with a compelling blend of poetry and insightful commentary, David Whyte is one of the few poets to take his perspectives on creativity into the field of organizational development, where he works with a diverse international clientele. An associate fellow of the Saïd Business School at the University of Oxford, he holds a degree in marine zoology and is the recipient of an honorary degree from Neumann College in Pennsylvania. He has traveled extensively including working as a naturalist guide and leading anthropological and natural history expeditions in the Galapagos, the Andes, and the Himalayas. He brings this wealth of experience to his poetry, his lectures, and his workshops. Whyte is the author of six volumes of poetry and three books of prose.

David Whyte is a wonderful motivational speaker through the use of poetry. I have had the opportunity to attend several of his seminars and will go to more if the opportunity becomes available. In the interim I enjoy listening to his CD sets. His audio recordings are powerful because his voice adds so much to his poetry. He reads poetry (his own and other poets) by sometimes repeating phrases or lines, and that adds a depth to the poem. Also, he tells back stories of his poetry and shares his philosophies of life that give the words of his poetry a deeper meaning. This CD set is the same high caliber of all the others I own. I highly recommend David Whyte's books and CD sets.

love it

I never thought I'd enjoy a poet reading poetry - David Whyte's storytelling leading up to each poem and his interesting way of reading/emphasizing the poetry made this cd a real treat - I've listened all the way through on a number of occasions

Excellent and uplifting - beautiful amazing articulate. Everyone should read this...teens and up.

Yes, of course this work meets with my highest approval, as do all of his works. He is my very favorite poet, just happens to be from one of my very favorite places. Thanks.

Everything that David Whyte writes, says, does, is epic. His poetry is beyond words in description. Listening to him read his poetry is heaven on earth.

David Whyte is a truly inspiring poet. This is a great CD, and I highly recommend it. If you purchase you will not be sorry. Listening to DW is an excellent thing to do while struggling through LA traffic!

I have all of David Whyte's CDs (and a couple of his poetry books), and I love to listen to his lectures and to him read his poetry. This is not the best CD, but I eagerly get anything new he records. There's really not much about requited and unrequited love here. If you're a DW junkie, you'll probably like this well enough. "What to Remember When Waking," "The Three Marriages," and "Clear Mind, Wild Heart" are all better.

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